

EXPERIENCE YOGA+SUP YOGA

On the Magdalen Islands, you will practice open-air yoga in a studio with a 360 degree view.

YOGA CLASSES (60 min.)

Open to all levels. Strengthen, stretch, tone & relax. Yoga can benefit you.

WHEN*?

Monday & Friday, 8 to 9 AM.

PRICE**

Per class \$15 | 4 classes, special price \$52

SUP YOGA CLASSES (90 min.)

In the Oyster Bay (Bassin-aux-Huîtres), enjoy the freedom to move and to be moved while on your SUP!

WHEN*?

Tuesday, 10 to 11:³⁰ AM | Thursday, 2 to 3:³⁰ PM

PRICE**

Per class \$30 | 4 classes, special price \$100

* Offered between July 1st & September 1st, 2018.

** Taxes not included.

ASK ABOUT: YOGA RETREATS | MASSOTHERAPY

BLOOM
EXPERIENCES



YOGA+SUPYOGA

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