

# EXPLORING



## WITH THE MADELINOTS NATURE TOURS



LASALICORNE  
INN • ESCAPADES



### NATURE TOURS

Scenic excursions with a nature guide. Discover the natural beauty of the islands eastern region and a unique ecosystem in Quebec: Pointe de l'Est National Wildlife Area of Environment and Climate Change Canada.

#### ■ JOURNEY OF THE GRAIN OF SAND

2.5 km / 2 hrs / \$18 + taxes  
Free for children 12 and under\*

Beginning at the equator, this tour then takes you to the heart of the Gulf on the magnificent Old Harry beach. The grain of sand is the foundation of the islands' formation. It is at the center of a fragile and dynamic environment that is home to a rich and diversified flora and fauna. Follow the trail of a true globe-trotter: the grain of sand.

#### ■ FROM FRESHWATER TO SALT WATER

2.1 km / 2 hrs / \$18 + taxes  
Free for children 12 and under\*

Rare and delicate, freshwater is essential to the Madelinots. Abundant and fragile, salt water plays a crucial role on the planet. Learn about where the islands' water comes from by exploring the wonderful world of the peatbog, heathland, fixed dune and a blowout's top. Come discover the freshwater-dependent pitcher plant and black crowberry. It's all about striking a balance.

#### ◆ THE GREAT EXCURSION

22 km / 7 hrs / \$30 + taxes

Hiking along the sea coast, you'll truly connect with the East Point and experience the natural beauty of the islands. Have a picnic on the edge of the world! What to bring: lunch, water, windbreaker and hat. Essential: Being in good shape, as this hike follows 22 km of sandy beach, 14 years and +

### LEGEND DEGREES OF DIFFICULTY

■ LOW ■ INTERMEDIATE ◆ HIGH

### ■ CLAY BATH

All ages / 2 hrs / \$30 + taxes  
Free for children 12 and under\*

Did you know that clay has exceptional properties? Discover clay's super powers in an enchanting setting. This 100% nature activity will make you feel 10 years younger, at the very least! Departures by boat, weather permitting.

### ■ SOFTSHELL CLAM FISHING

2 hrs / \$18 + taxes  
Free for children 12 and under\*

No need for a net or boat. At low tide in the lagoon, digging up these delicious small mollusks in the sand is a real treat. Plus, take part in an unforgettable experience for your taste buds, on-site.

### ■ FEATHERS AND PADDLES

Randonnée en kayak  
2.5 hrs / \$49 + taxes  
12 and up

Shh, quiet please! Just like the Cormorant, you'll cruise atop the waters to observe the Heron colony and the Greater Yellowlegs' feeding ground, while exploring the lagoon's surrounding area. From waterproof feathers to the history of East Cape... full of family secrets will be revealed. Easy to manoeuvre water craft.

### WHAT TO BRING

Water, sunscreen, comfortable clothes and shoes, bug spray

### RESERVATIONS REQUIRED

**Schedule :** salicorne.ca / 418 985-2833 ext.31  
**Please confirm** 90 min. before start of activity  
**Meeting place (15 min. before start):** Boutique Salicorne, 377, rte 199, Grande-Entrée G4T 7A5

### WHEN STAYING THE SALICORNE INN

Feathers and Paddles special / \$30 + taxes  
Other activities / Free

\* Accompanied by parents

## EXPLORING ACTIVITIES

### DRY EXCURSIONS

Journey of the Grain of Sand  
From Freshwater to Salt Water  
The Great Excursion

### WET EXCURSIONS

Clay Bath  
Softshell Clam Fishing  
Feathers and Paddles

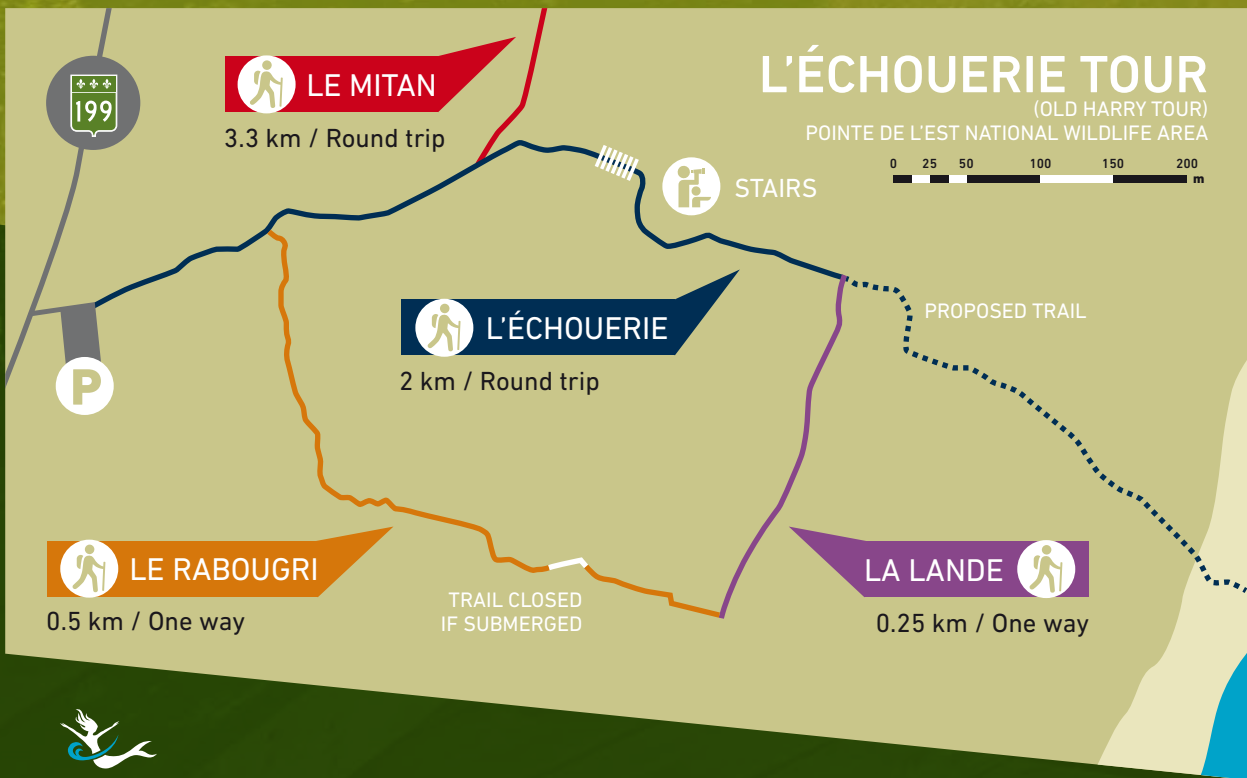
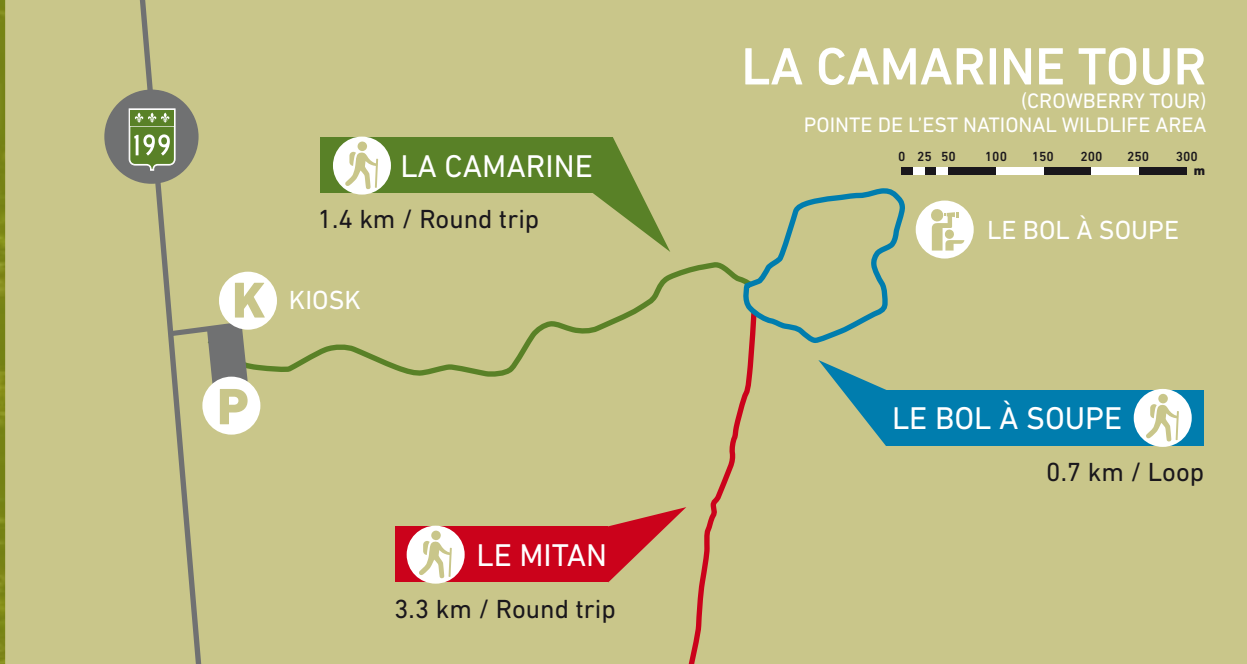
## QUIZ! True or False?

- **01** Madelinots get their drinking water from the water table?
- **02** The piping plover nests in the stunted forest?
- **03** The word ammophila means "who loves sand" in Latin?
- **04** The Northern Gannet is the only sea bird whose wings are not waterproof?
- **05** The pitcher plant and the sundew are the only two carnivorous plants whose habitat is the peatbog?
- **06** The Great Heron feeds in the lagoon and nests in tree tops?
- **07** Sand is composed of 99% quartz, some salt and seashell debris?
- **08** There are three types of dunes: active, anchored and volcanic?
- **09** Wind is a natural element that affects mainly the stunted forest of the islands?
- **10** The Softshell Clam is a mollusk that can be caught without a net or boat?

Answers: Revealed during the activities or on the website.

[www.salicorne.ca](http://www.salicorne.ca)

377, route 199, Grande-Entrée, Îles-de-la-Madeleine  
418 985-2833 ext. 31 / [info@salicorne.ca](mailto:info@salicorne.ca)



### NATURE TOURS



From Freshwater to Salt Water



Journey of the Grain of Sand



Clay Bath



Softshell Clam Fishing